From the journal of William Bradford

The Pilgrims safe arrival at Cape Cod aboard the Mayflower:

"Being thus arived in a good harbor and brought safe to land, they fell upon their knees & blessed ye God of heaven, who had brought them over ye vast & furious ocean, and delivered them from all ye periles & miseries therof, againe to set their feete on ye firme and stable earth, their proper elemente. And no marvell if they were thus joyefull, seeing wise Seneca was so affected with sailing a few miles on ye coast of his owne Italy; as he affirmed, that he had rather remaine twentie years on his way by land, then pass by sea to any place in a short time; so tedious & dreadfull was ye same unto him. But hear I cannot but stay and make a pause, and stand halfe amased at this poore peoples presente condition; and so I think will the reader too, when he well considered ye same. Being thus passed ye vast ocean, and a sea of troubles before in their preparation (as may be remembred by yt which wente before), they had now no friends to wellcome them, nor inns to entertaine or refresh their weatherbeaten bodys, no houses or much less townes to repaire too, to seeke for succoure. .. Let it also be considred what weake hopes of supply & succoure they left behinde them, yt might bear up their minds in this sade condition and trialls they were under; and they could not but be very smale. It is true, indeed, ye affections & love of their brethren at Leyden was cordiall & entire towards them, but they had little power to help them, or them selves; and how ye case stode betweene them & ye marchants at their coming away, hath already been declared. What could not sustaine them but ye spirite of God & his grace? May not & ought not the children of these fathers rightly say : Our faithers were Englishmen which came over this great ocean, and were ready to perish in this wildernes; but they cried unto ye Lord, and he heard their voyce, and looked on their adversitie…"